

ATTENTION MARTIAL ARTISTS!

GET READY FOR ANOTHER SELF-DEFENSE MILESTONE:

CAMP LANSDALE 6
OCTOBER 4-6, 2002



CAMP LANSDALE has gained quite a reputation in the last few years by bringing in some of the best martial artist in the world. Recognized Grandmasters, Masters, Hall of Famers, Famous Self-Defense experts. CAMP LANSDALE is geared to practical self-defense. Not sport. Not full-contact combat. But a jam-packed weekend of realistic self-defense.

This year's camp features GRANDMASTER OF SHEN CHUAN, PROFESSOR JOE LANSDALE, as always. Considered one of the premier self-defense experts in the world, he will be teaching balance disruption, Shen Chuan style locking, and pressure point control.

MASTER JEFF BOLT, Chinese Martial Arts expert, will be teaching the self-defense aspects of TAI-CHI, CHI-NA (the art of seizing and controlling), and PUSH HANDS for sensitivity.

SHIHAN COY HARRY will be teaching SHEN CHUAN SPEED STRIKING and a variety of SELF-DEFENSE TECHNIQUES.

There will also be a Friday night block of INDONESIAN, FILIPINO influenced arts conducted by SHIHAN EUGENE FRIZZELL of SHEN CHUAN STICKBOXING, GURU MIKE CASTO of SIKAL AND SHEN CHUAN, and SENSEI KELLY OWENS of SHEN CHUAN STICK-BOXING. The use of short sticks, knives and it's connection to hand-to-hand will be taught.

WHEN: First Weekend of October. OCTOBER 4-6

HOW MUCH: 80 dollars for all THREE DAYS! if paid in advance.
100 dollars at the door. INSTRUCTORS bring 3 students and attend free.
SHEN CHUAN Black Belts. 50 dollars for all three days!

WHERE: LANSDALE'S SELF DEFENSE SYSTEMS 2820 South East Stallings Drive in Nacogdoches, Texas. PHONE 936.569.1426 / FAX: 936.569.2511 or email at sensei6@joerlansdale.com

WHO CAN ATTEND: Anyone fifteen years or older with signed permission from Parent or Guardian if under eighteen.

TENTATIVE SCHEDULE:

This schedule may change, but this shows general times and the line of instruction. Instructors may change their focus of instruction, or add other attributes to their sections.

FRIDAY NIGHT

6:00pm-7:00pm SHIHAN EUGENE FRIZZELL. Shen Chuan Stickboxing. Connection between weapons and empty hands.

7:00-8:00 SENSEI KELLY OWENS. Stick disarms.

8:00-9:00 GURU, MIKE CASTO: Connections between Shen Chuan and Sikal techniques.

SATURDAY MORNING

Doors open 8:15 Arrival, sign up, warm up.

9:00-10:25am Professor Lansdale. Balance disruption and lock connections.

10:30-11:55 Master Jeff Bolt. Tai Chi for self-defense.

12:00-1:00 Lunch Break

1:05-2:30pm Shihan Coy Harry. Speed Striking

2:35-4:00 Professor Lansdale. Choke defenses

4:00-5:30: Master Jeff Bolt. Push Hands

SUNDAY MORNING

Doors open 8:30

9:00-10:25am Master Jeff Bolt. Chi-na lock and control.

10:30-11:55 Professor Lansdale. Shen Chuan lock and control and the use of effective pressure points.

(This allows students to see the variety of techniques and different approaches to joint locking. As the old saying goes. There's more than one way to skin a cat, and they all get the cat skinned.)

12:00-1:00 Lunch

1:05-2:30 Shihan Coy Harry. Lazy hand striking. 1-3 inch punch.

2:30-4:30 Demonstrational Instruction from Instructors. This will allow the students some down time, and an opportunity for the instructors to comment on their teachings and show a variety of techniques.

4:30-4:45 Final Words/ Certificates/ Photos

Camp Lansdale 6 Registration

Please make check, money order or credit card payable to, and mail to:

Lansdale's Self-Defense Systems
2820 S.E. Stallings Drive
Nacogdoches, Texas 75961

ALL PARTICIPANTS MUST SIGN & RETURN TO THE ABOVE ADDRESS

REGISTRATION INFORMATION			
Name:	Age:	Phone:	
Address:	City:	State:	Zip:
Martial Art Style(s) (if applicable):			
Organization Represented:			
Your Rank(s):	Email Address:		

WAIVER and RELEASE

I hereby submit my application for attendance at and participation in Camp Lansdale 6 at Lansdale's Self-Defense. I understand that Martial Arts training is an inherently stressful and dangerous activity, and that injuries can and do occur. I hereby, either on my own behalf or on behalf of my minor child, assume the risk of such activities while participating. I understand that it is my responsibility, either on my own behalf or on the behalf of my minor child, to obtain a physicians examination in order to be certain I am fit to participate in Martial Arts Training.

I, on my own behalf or on behalf of my minor child, hereby release from liability, waive any and all claims of whatever type or kind I may have, including but not limited to those for damages, injuries and/or losses, and hold harmless Lansdale's Self-Defense Systems as well as all sponsors, promoters, organizers, hosts, instructors, associations, schools, owners, officers, directors, employees, agents, and all other participants and observers.

I agree that I or my minor child may be photographed during instruction, and that I shall have no right, title, or interest in said photographs. I further agree that no video or audio recording of the training may be made by myself or my minor child.

I understand that registration fees are non-refundable.

I acknowledge that I have been advised to show this "waiver and release" to an attorney before signing, and that at least three (3) days have elapsed between my receipt of this "waiver and release" and my signature, which appears below.

Signed: _____

(if participant is under 18 years of age, signature must be that of a parent or guardian, and specifically signed in said capacity and so indicated.)

print name clearly

CREDIT CARD INFORMATION (if applicable)	
Name on Card:	Card Type:
Card Number:	Exp. Date: