

SELF DEFENSE EXTRAVAGANZA



Guru Mike Casto

CAMP LANSDALE 11
OCTOBER 5TH-7TH, 2007



Professor Joe Lansdale



Sifu Michael Billings



Sifu Brandon Jones

CAMP LANSDALE 11 is just around the corner, and we are gearing up for what will be one of the best ones yet. CAMP LANSDALE is geared to practical self-defense. Not sport. Not full-contact combat. But a jam-packed weekend of realistic self-defense.

This years Camp will spotlight Shen Chuan and its formidable Self Defense aspects. Each instructor will bring to the table their unique flavor and application of Shen Chuan, from Professor Lansdale, Grandmaster and Founder of Shen Chuan to this year's Headlining Guest, GURU MIKE CASTO of the Sikal System who spent time with us to cross-train and become an instructor in our system.

Our Special Guest, SIFU BRANDON JONES is a 25 year veteran of the Seven Star Praying Mantis System and has owned and operated Tyler Kung Fu & Fitness for the last eleven years. Training in mantis for so long, Jones has had the unique opportunity to study and gain knowledge from the many different lineages within the Preying Mantis System. For Jones, the quick hand techniques of the mantis such as the traps and joint locks, and the agile footwork of the monkey make the perfect blend for learning to be a good fighter .

Returning Special Guest will include Sifu Michael Billings of American Kenpo Karate. Those of you who have been to our Camps in the past will know Sifu Billings and his outstanding abilities.

Rounding out the instruction will be slots instructed by Professors' Eugene Frizzell, Coy Harry and Billy Jack Worsham with Shihans' Paul Britt, Richard Harstein, Bob Lacher and Senseis' Adam Coats, Kelly Owens and Jared Taylor in the mix.

WHEN: First full weekend in October (Friday October 5th thru Sunday October 7th)

HOW MUCH: 75 dollars prepaid/registered or 100 dollars at the door for all THREE DAYS!

WHERE: LANSDALE'S SELF DEFENSE SYSTEMS 2820 South East Stallings Drive in Nacogdoches, Texas. PHONE 936.569.1426 / FAX: 936.569.2511 or email at sensei6@joerlansdale.com

WHO CAN ATTEND: Anyone fifteen years or older with signed permission from Parent or Guardian if under eighteen.

TENTATIVE SCHEDULE:

Friday Night:

6:00-7:00pm: Sensei Adam Coats with Shihan Richard Hartstein, will demonstrate techniques from the SHEN CHUAN STREETBOXING DIVISION. Sensei Coats has been assigned the development of this division, overseen by Professor Coy Harry and Grandmaster Joe Lansdale.

7:00-8:00pm: Shihan Paul Britt will demonstrate techniques that show his personal approach to the harder style aspects of Shen Chuan. Shihan Britt has had many years of real street experience as a sheriff's deputy and police officer, and has written articles on martial arts for magazines.

8:00-9:00pm: Shihan Bob Lacher will be demonstrating Aikijujitsu techniques from Shen Chuan. Quick easy lock ups and throws.

9:00-10:00pm: Sensei Jared Taylor will teach techniques from Shen Chuan that link with the popular sport of combative ring arts. Sensei Taylor has had a number of successful ring bouts in both boxing and cage fighting. This should be fun and informative.

Saturday:

9:00-10:30am: Grandmaster Lansdale will demonstrate striking, advanced joint locking, and throws. Grandmaster Lansdale will have been involved in self-defense and traditional and non-traditional martial arts training 45 years as of this camp. UNIQUE AND AMAZING MATERIAL.

10:30-NOON: Our HEADLINER GUEST, Guru Mike Casto will be demonstrating how he has added Shen Chuan training to his training in Sikal, and other systems, and how in turn he has brought other techniques to Shen Chuan. Mike is a very fine martial artist and is a student of Grandmaster Lansdale, as well as Guru Ken Pannell of the Sikal system. He has been a guest many times at Camp Lansdale, but this is his first, and well deserved, time to be our headliner along with Grandmaster Lansdale. You DO NOT WANT TO MISS THIS.

NOON-1:00pm: LUNCH (No instructor necessary)

1:00-2:00pm: Our SPECIAL GUEST, Sifu Brandon Jones, will be demonstrating techniques of self-defense from his system, SEVEN STAR PRAYING MANTIS. This is a rare and unusual system, and an equally rare opportunity.

2:30-3:30pm: Grandmaster Lansdale returns with pressure point training, balance disruption, as well as assorted self-defense techniques. If you haven't seen Shen Chuan balance disruption, you are in for a treat.

3:30-4:30pm: Professor Billy Jack Worsham will teach a clinic on quick strikes to finish. Professor Billy Jack is one of Grandmaster's personal students, and is a personal student of Professor Coy Harry, inheritor of the Shen Chuan system. Fast and furious. We call Professor Billy Jack Worsham the Rabid Chihuahua.

4:30-5:30pm: Sifu Michael Billings will teach Chinese Kenpo, emphasizing elements of Shen Chuan that he has added into his techniques. Mike is a long time Kenpo practioner, and a very good one. This will be an outstanding session.

5:30-5:45pm: A BREAK, and you'll need it.

5:45-6:45pm: Praying Mantis Gung Fu with Sifu Brandon Jones. Another look at this unique form of self-defense.

Sunday:

9:00-11:00am: Guru Mike Casto. A full two hour session with Guru. This time emphasizing weapons, stick and knife and empty hand.

11:00-NOON: Professor Coy Harry, Soke Dai of the Shen Chuan system will teach concepts and principles and how to apply them to technique. Professor Harry is Grandmaster's hand picked successor and his knowledge of the art, and his ability to explain and teach it, are unsurpassed.

NOON-1:00pm: Unsupervised lunch. Don't put your eye out.

1:00-2:30pm: Grandmaster Joe Lansdale: Full Tilt Boogie Shen Chuan. Many aspects of this exciting art will be explored by its founder.

2:30-3:30pm: Professor Eugene Frizzell, Grandmaster Lansdale's senior student, will show techniques from SHEN CHUAN STICKBOXING, with the help of Sensei Kelly Owens, an excellent stick and knife man himself.

3:30-5:00pm: Guru Mike Casto will show a variety of techniques from his self-defense training.

Camp Lansdale 11 Registration

Please make check, money order or credit card payable to, and mail to:

**Lansdale's Self-Defense Systems
2820 S.E. Stallings Drive
Nacogdoches, Texas 75961**

ALL PARTICIPANTS MUST SIGN & RETURN TO THE ABOVE ADDRESS

REGISTRATION INFORMATION			
Name:	Age:	Phone:	
Address:	City:	State:	Zip:
Martial Art Style(s) (if applicable):			
Organization Represented:			
Your Rank(s):	Email Address:		

WAIVER and RELEASE

I hereby submit my application for attendance at and participation in Camp Lansdale 11 at Lansdale's Self-Defense. I understand that Martial Arts training is an inherently stressful and dangerous activity, and that injuries can and do occur. I hereby, either on my own behalf or on behalf of my minor child, assume the risk of such activities while participating. I understand that it is my responsibility, either on my own behalf or on the behalf of my minor child, to obtain a physicians examination in order to be certain I am fit to participate in Martial Arts Training.

I, on my own behalf or on behalf of my minor child, hereby release from liability, waive any and all claims of whatever type or kind I may have, including but not limited to those for damages, injuries and/or losses, and hold harmless Lansdale's Self-Defense Systems as well as all sponsors, promoters, organizers, hosts, instructors, associations, schools, owners, officers, directors, employees, agents, and all other participants and observers.

I agree that I or my minor child may be photographed during instruction, and that I shall have no right, title, or interest in said photographs. I further agree that no video or audio recording of the training may be made by myself or my minor child.

I understand that registration fees are non-refundable.

I acknowledge that I have been advised to show this "waiver and release" to an attorney before signing, and that at least three (3) days have elapsed between my receipt of this "waiver and release" and my signature, which appears below.

Signed: _____

(if participant is under 18 years of age, signature must be that of a parent or guardian, and specifically signed in said capacity and so indicated.)

print name clearly

CREDIT CARD INFORMATION (if applicable)	
Name on Card:	Card Type:
Card Number:	Exp. Date: