

TRIPLE I.M.P.A.C.T. SEMINAR 2008

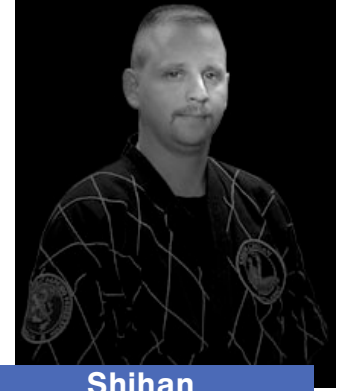
Location	Dates	Cost (Before Aug 1 / After)	Recommended Lodging
Louisville Martial Arts Academy 3600 Chamberlain Ln., #136 Louisville, KY	Sept 5 - Sept 7, 2008	Whole Event: \$135 / \$185 Per Day: \$85 / \$110	Homestead Suites 1650 Alliant Dr. Louisville, KY 40299



Guru
Mike Casto



Guru
Ken Pannell



Shihan
Billy Jack Worsham

Details

Friday, September 5, we'll have an evening session from 5 PM to 9 PM. This session will be an open format training session / meet & greet with a potluck dinner where the instructors and participants can meet and discuss things with impromptu training sessions. This session is free if you are attending the training session with Sifu Rick Barrett or any part of the Triple I.M.P.A.C.T. event.

All participants will receive a free event shirt (while quantities available) - a \$35 value!

Saturday Schedule:

9:30 AM - Sign In / Registration
10:00 AM - 11:30 AM - Guru Mike
11:30 AM - 1:00 PM - Lunch
1:00 PM - 2:30 PM - Guru Ken
2:30 PM - 4:00 PM - Shihan Billy Jack

Sunday Schedule:

9:30 AM - Sign In / Registration
10:00 AM - 11:30 AM - Shihan Billy Jack
11:30 AM - 1:00 PM - Lunch
1:00 PM - 2:30 PM - Guru Ken
2:30 PM - 4:00 PM - Guru Mike

Don't miss this event! The material presented will inform, inspire and enhance your martial arts understanding - regardless of what your primary discipline is.

Questions? Contact Guru Mike Casto
gurumike@sikaltactical.com
502-387-3634

Recommended Lodging:
Homestead Suites
1650 Alliant Dr.
Louisville, KY 40299
Call 502-267-4454 to reserve a room.

AND IN COOPERATION WITH WINDING GROVE CENTER FOR INTERNAL ARTS WE PROUDLY PRESENT

Sifu Rick Barrett



Rick Barrett is a senior tai chi student of Grandmaster William C. C. Chen. He also studies Chen Style tai chi and Xingyiquan with Master Yang Fukui. He teaches workshops around the country and has written a number of articles on tai chi, push hands, and tournaments for Inside Kung Fu and Tai Chi Magazine. He is author of Taijiquan: Through the Western Gate.

As a push hands competitor, Rick dominated his weight division for several years. He was middle-weight national champion in 96, 97, and 98. He was also the US Kuoshu Champion in the unlimited division in 97 and 98.

Since retiring from tournament competition, Rick has been active as a forms judge and push hands referee, including recent service at the US Wushu Union Nationals and the AAU Nationals.

Rick practices polarity therapy in NYC.

Location	Date/Time	Cost
Louisville Martial Arts Academy 3600 Chamberlain Ln., #136 Louisville, KY	Sept 5, 2008 9:30 AM - 11:30 AM (Morning Session) 11:30 AM - 1 PM (Lunch) 1 PM - 3 PM (Afternoon Session)	\$100 Package Discount - attend this + any part of Triple IMPACT and receive a 10% discount on the total price.

Tai Chi and the Eastern philosophies it arose from can, to the Western mind, seem very strange and alien. Sifu Rick has a wealth of insight on bridging the gap between these two mindsets (East & West) and is great at helping people approach an understanding of Tai Chi that suits the Western mind.

He's an incredibly talented Tai Chi practitioner with a lot of understanding and a generous spirit of sharing. He's an absolute joy to train with. His explanations and exercises in "central equilibrium" can help you better understand your balance and posture. His concept of "energetic coherence" is a wonderful expression of what I call "proper relaxation" which is a pivotal element in good body mechanics and power generation in strikes.

No matter what your background, you'll find something useful to take away from your time with Sifu Rick.

TRIPLE I.M.P.A.C.T. 2008 - REGISTRATION/WAIVER

To register, you can fill out this form and mail it with payment in the form of check or money order to:

Guru Mike Casto
Louisville Martial Arts
3600 Chamberlain Ln., #136
Louisville, KY 40241

Or you can register online at http://louisvillemartialarts.net/triple_impact

I hereby submit my application for attendance at and participation in the Triple I.M.P.A.C.T. event. I understand that Martial Arts training is an inherently stressful and potentially dangerous activity and that injuries can and do occur. I hereby, either on my own behalf or on behalf of my minor child, assume the risk of such activities while participating in the Triple I.M.P.A.C.T. event. I understand that it is my responsibility, either on my own behalf or on the behalf of my minor child, to obtain a physicians examination in order to be certain I am fit to participate in Martial Arts Training.

I, on my own behalf or on behalf of my minor child, hereby release from liability, waive any and all claims of whatever type or kind I may have, including but not limited to those for damages, injuries and/or losses, and hold harmless I.M.P.A.C.T. Academy of Martial Arts as well as all sponsors, promoters, organizers, hosts, instructors, associations, schools, owners, officers, directors, employees, agents, and all other participants and observers.

I agree that I or my minor child may be photographed during instruction, and that I shall have no right, title, or interest in said photographs. I further agree that no video or audio recording of the training may be made by myself or my minor child.

I understand that registration fees are non-refundable.

I understand that participants may be photographed or video taped during the program. I give I.M.P.A.C.T. Academy of Martial Arts and I.M.P.A.C.T. Productions permission to use such photos or videos.

I understand that by signing this document I will be legally bound by it.

Name: _____ Age: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

E-Mail: _____

Attendance:

_____ Friday Workshop with Sifu Rick Barrett: \$100

_____ Saturday Triple I.M.P.A.C.T.: \$85 by Aug 1 / \$110 after Aug 1

_____ Sunday Triple I.M.P.A.C.T.: \$85 by Aug 1 / \$110 after Aug 1

_____ Entire Triple I.M.P.A.C.T. (separate from workshop with Rick Barrett): \$135 by Aug 1 / \$185 after Aug 1

If you attend the workshop with Sifu Rick and any part of the Triple I.M.P.A.C.T. event take 10% off your tuition for the event.